

NEIGRIHMS

North Eastern Indira Gandhi Regional Institute of Health & Medical Sciences, Shillong

(An Autonomous Institute, Ministry of Health and Family Welfare, Government of India)

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No. GAD-MISCOINC (CIRC)/1/2024-GAD

Dated Shillong the August, 2026

CIRCULAR

This is for general information to all the Faculty, Nursing Faculty, Officers and Staff (Both permanent & outsource) of the Institute that NEIGRIHMS will be celebrating the National Sports Day 2025. In this regard, the details of the Sports events are as follows:

1. Badminton (Men & Women) : Singles, Doubles & Mixed Doubles
2. Badminton (U-13) (Age 8-13 Years) : (Boys & Girls) Singles (Faculty/ Staff's Children)
3. Table- Tennis (Men & Women): Singles
4. Carrom (Men & Women): Doubles
5. Chess (Combined): Round Robin Style
6. Squash (Men & Women): Singles
7. Lawn tennis(Men & Women): Singles
8. Fun Games(U-10) Boys & Girls (Faculty/ Officers/Staff's Children)
9. Basketball Championship : (Men & Women)

In view of the above, the details for the sports day and for registration are as follows:

1. Registration forms will be available in the Institute website and also at the Office of P.T. Instructor (Indoor Stadium).
2. Submission of forms to be done at the Office of P.T. Instructor (Indoor Stadium).
3. A participant can register for only one of the above mentioned sports excluding basketball championship.
4. Participation is Voluntary but encouraged.
5. Registration less than five (05) participants in any of the rackets/chess game will not be conducted and for team sports minimum three (03) registrations.
6. The last date of registration will be 17th August, 2026 till 5:00 PM.
7. The tournament is exclusively for NEIGRIHMS Faculty, Officers, Students, Staff & Dependents.
8. The details of the events and commencement of matches will be informed to all registered participants once the registration is completed.

This is issued with the approval of the 'Competent Authority'.

Assistant Registrar
General Administration

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Copy for information and necessary action to:

1. Medical Superintendent, NEIGRIHMS for kind information.
2. All Section/Unit Heads/ All HODs/ HODs Incharge for kind information.
3. Programmer, IT Cell, for uploading in the Institute's website.
4. Notice Boards (Admin and Hospital and Nursing College).
5. P.T. Instructor, NEIGRIHMS, Shillong for kind information.
6. PA to the Director, NEIGRIHMS, Shillong for kind information of the Director.
7. PS to the DD (Admn.), NEIGRIHMS, Shillong for kind information of the DD (A).
8. Audiovisual Technician, NEIGRIHMS, Shillong for kind information and necessary action.
9. Photographer, NEIGRIHMS, Shillong for kind information and necessary action.
10. Office copy.